**Community Resources for Aftercare / Opportunities for Involvement in Lower Passaic County (11.11.14)**

**General**

Churches – there are a “million” of them in Paterson, Clifton, and Passaic – find one you like, and maybe get involved.

Libraries (Passaic or Clifton or Paterson) – are usually good resources for community clubs/events; [www.passaicpubliclibrary.org](http://www.passaicpubliclibrary.org), [www.cliftonpl.org](http://www.cliftonpl.org), [www.patersonpl.org](http://www.patersonpl.org)

**Support Groups**

DBSA groups – Depression and Bipolar Support Alliance support groups; 6:30-8:00 Mondays, 1:00-2:30 Wednesdays, MHA office, 404 Clifton Ave, Clifton; 973-478-4444; [www.mhapassaic.org/support\_groups.htm](http://www.mhapassaic.org/support_groups.htm)

Double Trouble Group – mentally ill/chemically addicted support group; 5:00-6:00 Mondays, MHA office, 404 Clifton Ave, Clifton; 973-478-4444; also, Saturdays 2:30, Eva’s Recovery Center, Paterson; 973-754-6784; also 3:30-4:30 Thursdays, Harbor House, 645 Main St, Paterson; 973-754-2820; [www.mhapassaic.org/support\_groups.htm](http://www.mhapassaic.org/support_groups.htm)

Jewish Family Services – runs some support groups; 925 Allwood Rd, 2nd Floor, Clifton; 973-777-7638; [www.jfsclifton.com](http://www.jfsclifton.com); support groups include W.I.S.E.: Women, Independent, Strong, Enriched: a support group for women victims of domestic violence;; Support Group for Women Affected by Intimate Partner Violence;; Second Generation Holocaust Survivors group;; Jewish 12-Step group, for those with addictions or those who know someone affected by addictions as well.

Spanish-speaking Men’s and Women’s Parent Support Network – MHA office, 404 Clifton Ave, Clifton; 973-478-4444; [www.mhapassaic.org/support\_groups.htm](http://www.mhapassaic.org/support_groups.htm)

Our House Self Help Center (SHC) – Community center for the mental health community; 3:00-7:00 M-F, 12:00-6:00 St, 750 Broadway, Paterson; 973-553-1101; limited transportation available; [www.cspnj.org](http://www.cspnj.org)

Social Connections SHC – Community center for the mental health community; W, F 4-9; Sun 11-4 (group activities); Tues, Thurs 2-5 (individual needs met); in the millhouse in Weaselbrook Park, Clifton; 973-778-8810; limited transportation available; [www.cspnj.org](http://www.cspnj.org)

AA – Alcoholics Anonymous support groups; 908-687-8566; [www.aa.org](http://www.aa.org)

GA – Gamblers Anonymous support groups; 626-960-3500; [www.gamblersanonymous.org](http://www.gamblersanonymous.org)

NA – Narcotics Anonymous support groups; 1-818-773-9999; [www.na.org](http://www.na.org)

OA – Overeaters Anonymous support groups; 505-891-2664; [www.oa.org](http://www.oa.org)

SA – Sexoholics Anonymous support groups; 615-370-6062; [www.sa.org](http://www.sa.org)

**Mental Health Community Centers**

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**Volunteer Opportunities**

Chestnut Hill Convalescent Center/Residence – spend some volunteer time with the elderly; 360 Chestnut St, Passaic; 973-777-7800; [www.chestnuthillcc.net](http://www.chestnuthillcc.net)

Clifton Animal Shelter -- 900 Clifton Ave—Dog Pound Road (behind City Hall); 973-470-5936 – volunteer; [www.cliftonanimalshelter.com](http://www.cliftonanimalshelter.com)

Daughters of Miriam Elderly Center – volunteer to spend some time with the elderly; 155 Hazel St, Clifton; 973-772-3700; [www.daughtersofmiriamcenter.org](http://www.daughtersofmiriamcenter.org)

Eva’s Kitchen – volunteer to serve meals to the less fortunate, and get a free meal; 393 Main St, Paterson; 973-523-6220; [www.evasvillage.org](http://www.evasvillage.org)

Hyacinth Foundation, Paterson – help people with HIV/AIDS (volunteers); 100 Hamilton Plaza, suite 421, Paterson; 973-278-7636; [www.hyacinth.org](http://www.hyacinth.org)

Literacy Volunteers of America – teach an immigrant how to speak English, or teach someone who can’t read how to read (volunteer); branch office at the Passaic Public Library, 195 Gregory Ave, Passaic; 973-470-0039; [www.lvanewark.org](http://www.lvanewark.org)

Oasis Haven for Women and Children – volunteer tutors; 59 Mill St, Paterson; 973-881-8307

Passaic Animal Shelter -- 13 Benson Ave, Passaic; passaicshelter@yahoo.com -- volunteer

St. Joseph’s Regional Medical Center – volunteer to do paperwork (free lunch); 703 Main St, Paterson; 973-754-2500; [www.stjosephshealth.org/volunteer-opportunities](http://www.stjosephshealth.org/volunteer-opportunities)

St. Peter’s Episcopal Church in Clifton – food pantry (volunteers), other programs; 380 Clifton Ave, Clifton; 973-546-5020; [www.stpetersclifton.org](http://www.stpetersclifton.org)

St. Mary’s Hospital – Volunteer Dept., 350 Boulevard, Passaic; 973-365-4514

Turn-A-Frown-Around Foundation – volunteer to visit people in psychiatric hospitals who otherwise wouldn’t get any visitors; contact Drew Horn, 973-746-7353; [www.turnafrownaround.org](http://www.turnafrownaround.org)

United Way – volunteers; 301 Main St, Suite 124, Paterson; 973-279-8900; [www.unitedwaypassaic.org](http://www.unitedwaypassaic.org)

**Volunteering Opportunities Websites**

[www.norwescap.org](http://www.norwescap.org) – click ‘Apply to Volunteer’ or ‘Check Volunteer Opportunities’

[www.volunteermatch.org](http://www.volunteermatch.org), [www.volunteernj.org](http://www.volunteernj.org), www.helpfromhome.org

**Referral and Information**

211; [www.nj211.org](http://www.nj211.org)

Integrated Case Management Services (ICMS) – provides case management services to Passaic County residents; 973-470-3142